International Journal of Research in Counseling, 3(1) - June 2024 41-51



Impact of Parenting Patterns Against Early Marriage

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Article Information: Received January 17, 2024 Revised April 09, 2024 Accepted May 20, 2024

ABSTRACT

This article explores the impact that parents' parenting styles have on the tendency for early marriage in their children. In-depth research has revealed that parents' approach to raising children can have a major influence on children's perspectives, decisions and attitudes towards marriage in the future. From a rigid authoritarian parenting style to a supportive authoritative approach, as well as a permissive parenting style that tends to be loose, this article discusses how each of these parenting styles can shape a child's view of the institution of marriage. The analysis also includes the influence of family communication, the values that instilled, as well as the level of parental involvement in the child's life regarding marriage preparations. A number of relevant studies and scientific findings will be described to support the claim that parenting styles play a crucial role in encouraging or inhibiting the tendency for early marriage. This article seeks to provide a better understanding of how parental parenting styles can form the basis of children's decisions regarding marriage. The conclusion of this article provides in-depth thoughts about efforts that can be made, both in family education and parental guidance, to form parenting patterns that support their children to make more mature marriage decisions in the future.

Keywords: *Impact*, *parenting style*, *early age marriage*

Journal Homepage https://journal.minangdarussalam.or.id/index.php/ijrc/

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How to cite: Suharti, W., (2024). Impact of Parenting Patterns Against Early Marriage.

International Journal of Research in Counseling, 3(1).

https://doi.org/10.55849/wp.v3i1.119

Published by: Yayasan Minang Darussalam

INTRODUCTION

According to (Moh Asrori and Moh Ali, 2016) quoted by (ELIZA, 2023) Teenagers are a community in the age group of 10 to 19 years. According to the Regulation of the Minister of Health of the Republic of Indonesia Number 25 of 2014, teenagers are a community in the age group of 10 to 18 years and according to the BKKBN, refers to unmarried young people between the ages of 10-24 years. Adolescence is a time of human transition from childhood to adulthood. Puberty occurs

between 12 and 21 years in girls and 13 to 22 years in boys. According to (ELIZA, 2023) adolescence is a period of physical, psychological and intellectual growth and development. Adolescents are characterized by a high sense of curiosity, a love of adventure and challenges and a tendency to take risks when acting without thinking. If decisions to handle conflict are inappropriate, they may engage in risky behavior with short-term and long-term consequences in a variety of physical and psychosocial health problems. Their risky nature and behavior require access to adolescent health and reproductive health services.

According to (Maemunah & Hafsah, 2021) Early marriage is the result of the ulama's interpretation of QS Ath-Thalaq [65]: 4 which implies iddah for those who have not menstruated. Islam does not provide an ideal age limit for marriage. Marriage can be performed by the prospective bride and groom who have not yet or have reached puberty if they have fulfilled the requirements and terms of marriage. However, the ulama have different opinions regarding the age limit for puberty for men and women and the permissibility of marrying someone off as a child. Muslims are allowed to set an age limit for marriage to create benefits. The age limit for marriage needs to be revised considering the various negative impacts that arise as a result of this marriage model, for example problems with women's reproductive health, family economic problems, and even divorce.

This marriage model can no longer be practiced because it is not in line with maqashid al-nikah, namely building a family that is sakinah, mawaddah and rahmah. The legal concept regarding the age of children being 18 years makes the minimum age limit for marriage for women (16 years) seem to be in conflict with the principle of preventing child marriage as regulated in Article 26 of Law 35/2014. The rights that a child should have, such as the right to receive education for 12 years, the right to play, and other rights that children should have are reduced when the minimum age for marriage for women is 16 years.

It was said by (Natalia et al., 2021) Marriage is one of the stages in human life. This often happens in any part of the world and happens at any time. Marriage itself is a process of uniting two human beings who are committed and bound to each other. UU NO.16 THN 2019 replaces UU. NO. 1 THN 1974 Regulates the recommended age of marriage at 19 years for both women and men. One of the most prominent phenomena in teenage life is the increase in interest and motivation towards sexuality. This can happen, because teenagers are complex with problems and to escape, especially from sexual tension, teenagers try to express their sexual urges in various forms of sexual behavior, starting from dating, dating, making out, to having sexual contact. For early marriage , teenagers can find out what the impacts and efforts to prevent early marriage are and teenagers can also find out about HIV/AIDS and free sexual behavior. The factors that cause early marriage are parents , education, economics, religion and promiscuity and the factors that cause free sex are the desire to experiment, pornographic videos and weak faith. The impacts of early marriage and free sex are psychological , social, physical health, depression after birth, risk of abnormalities in

babies and risk of reproductive disease. For this reason, teenagers are expected to avoid free sex to avoid early marriage. The research results show that teenagers who engage in free sex and marry at an early age will experience psychological and social impacts even though biologically young women are ready to get pregnant and give birth. Psychologically, teenagers have not been able to overcome the negative impacts of free sex and early marriage.

According to Rohayati's research quoted by (Ulfah et al., 2021), respondents with permissive parenting styles experienced early marriage, this was because parents exercised excessive freedom on children without control from parents (Rohayati, 2017), so that children tend to fall into negative things such as premarital sexual behavior, including choosing to have an early marriage (Sari, Winarni, & Dharminto, 2018) which is also reinforced by Nursal's opinion in (Susyanti & Halim, 2020) about teenagers with permissive parenting where both parents do not giving them good attention is like allowing these children to be at risk of deviant behavior. Parents who do not provide a sense of comfort and security to their children at home cause children to choose to spend longer periods of time or even live with their peers, thereby risking imitating the behavior of the people around them, the culture in society, including choosing to marry early.

Early marriage according to Law No. 16 of 2019 is a marriage carried out by women under the age of 19 years. The aim of the research is to analyze what factors influence early marriage in Balimbingan Village, Tanah Jawa District, Simalungun Regency (Sagala et al., 2022). Adolescence is a transition period from the childhood phase to the maturity phase. In this phase, a person's mental, physical, emotional and psychosocial changes occur. Therefore, this phase is a very important phase for someone because this is the phase for them to discover their identity. One thing that must be paid attention to in this case is early marriage because this occurs in adolescence. Early marriage is a formal or informal marriage performed under the age of 18 years. Early marriage is a bond entered into by someone who is still at a young age or puberty.

When someone who psychologically is not yet in an ideal condition to get married, but still gets married and has children, then to some extent this will influence the development of their child in the future. The condition of young parents like this will influence the education or parenting patterns applied to children in the family. This is because parents do not have enough emotional maturity and education to care for their children and their household. According to (Febriani et al., 2020) it was concluded that the impact of early marriage on child rearing patterns in families in Talang Alai Village, Air Periukan District, Seluma Regency is authoritarian parenting, for those parents who are early partners who are afraid that their children will not obey their parents, and This is also found in parents who imitate their parents when educating them as children.

According to (Nur Ramdhani et al., 2023) The problems that occur in the world of marriage are very diverse, especially if they are carried out by couples who are not

old enough and are ready to build a household. One of the issues resulting from underage marriage is that this problem also affects how children are raised. (Triana, 2013) Most parents have implemented parenting and educational practices for their children quite well, especially in terms of providing direction, coaching and setting examples in the area of good morals (mahmudah morals), such as inviting and training children to behave politely towards everyone. especially towards their parents. However, in reality, there are still many children today who act impolitely towards their parents, siblings or peers and conversely have less than commendable traits and behavior. due to social influences and environmental factors. Usually couples who marry young also tend not to be able to control each other's emotions and don't want to give in to each other.

RESEARCH METHODOLOGY

The research method used by the author is the literature study method. According to Harahap, as quoted by (Roza et al., 2022; Asmita & Silvianetri, 2022; Asmita & Irman, 2022) it is called a literature study because the various data needed to complete this article come from libraries in the form of books, encyclopedias, journals, documents, magazines, and so on. All the sources that the author found related to individual counseling services for juvenile delinquency were then summarized by the author to get results.

RESULT AND DISCUSSION

According to Santrock (in Angelina & Matulessy, 2013) quoted by (Anggaraino et al., 2021) authoritarian parenting is a form of parenting, generally very strict and rigid when interacting with their children. Parents who have an authoritarian style emphasize complete obedience without much explanation to their children, tend to punish their children who break the rules or violate applicable norms. Such parents believe that harsh methods are the best way to educate their children.

(Hamidiyanti et al., 2022) Marriage should ideally be carried out when the man and woman are ready physically, mentally and psychologically to build a household. Relevant agencies and services need to socialize to the public the importance of marriage at the right age. There needs to be socialization about the importance of regulating the age of marriage, especially for women. Getting married at the right age will reduce the risk of maternal and infant mortality. In the long term, delaying the age of marriage will reduce fertility rates, namely shortening the span of women's reproductive years.

Early-Age Marriage

(Asr, 2019) Marriage literally means gathering and joining. In terms of marriage, marriage is a contract between a man and a woman in which it is permissible for them to have sexual relations. Marriage Law Number 1 of 1974 states that the ideal age for marriage is 21 years of age, while marriage occurs at the age of 16 years for for

girls and 19 years for boys according to the Child Protection Law Number 23 of 2002, this marriage is included in the category of early marriage. Article 26 of the Law of the Republic of Indonesia Number 23 of 2002 concerning Child Protection, parents are obliged to protect children from early marriage, but this article is like the Marriage Law, without provisions for criminal sanctions so that these provisions are almost meaningless in protecting children from threat of early marriage.

(Suprihatin, 2018) Early marriage is a social problem that is currently in the public spotlight in Indonesia. As we all know, the impact of early marriage can affect various aspects ranging from education, health, psychology, even to population. As we all know, early marriage can have an influence on educational factors, namely, the increasing number of underage children who decide to stop receiving education because they have to get married.

Parenting Style

According to (Azzahra et al., 2022) Etymologically, parenting comes from the words 'pattern' and 'parenting'. In the KBBI the word pattern means a system model and way of working, while the word foster contains the meaning of guarding, caring for and educating children so that they can stand on their own. Wahyuning (2003) also describes parenting as the treatment parents assign to children which is an important and fundamental part in preparing children to become good citizens. Meanwhile, parenting is a total interaction process between parents and children, such as the process of nurturing, meeting physical needs, protection and the process of socializing children with the surrounding environment.

According to (Makagingge et al., 2019) parenting styles are forms that are applied in order to care for, maintain, guide and train and provide influence (Tarmuji in Apriastuti, 2013: 3). According to Hadi (2003: 22), "Parents are fathers and mothers who are the first and main educators for their children." Parents are primarily responsible for arranging, coordinating and providing stimuli (Suherman in Apriastuti, 2013: 3) The parenting style factor is one of the factors that influences the formation of a child's personality, such as: the child will become unhappy and tend to withdraw from society, like to be alone and besides that, it is difficult for them to trust other parties and their learning achievements at school are low.

(Anggaraino et al., 2021) explains parenting patterns more fully as a form of interaction between children and parents which includes not only fulfilling physical needs such as eating, drinking, clothing, etc., but also psychological needs (love) and also the norms that apply in society so that children can live in harmony with their environment. Parents play a very important role in raising children, especially when they enter the golden age which occurs around the age of 0-5 years because at this time children experience rapid development both physically and psychologically. The role of parents in basic care for children includes basic needs such as bathing, eating and providing clothing for children, while other roles are supervising children, providing medicine and maintaining children's health (O'Connell and Bahar: 1992, 2002).

UNICEF (1997) emphasizes with a conceptual framework that the components of food, health and care are factors that play a role in supporting optimal child development and growth. Engel et all (1997) revealed that parenting patterns are manifested in six things, namely:

- Attention or support for women such as providing appropriate rest time and increasing food intake during pregnancy.
- Providing breast milk and good complementary foods for children.
- Provide psychosocial stimulation to children and support for their development. 73
- Food storage and preparation.
- Practice environmental sanitation cleanliness.
- Caring for the family if someone is sick includes home health practices and patterns of seeking health services.

People's Parenting Patterns towards Children

(Sinaga, 2018) parents apply a permissive parenting style towards children, characterized by parents giving the widest possible freedom to them, parents never supervising or controlling all the child's behavior and parents always fulfill every facility or item the child wants so that the child free to do what they want without any supervision from parents regarding all activities or behavior that children do.

Parenting Patterns and Early Marriage

The parenting style that causes children to marry at an early age is a parenting style in which parents give the child as much freedom as possible to do whatever the child wants without limiting or supervising any behavior or activities carried out by the child, the parents always follow. all the wishes of the child without seeing the impact of this, so that when the child asks for permission to marry at a young age the parents always follow and comply with everything the child wants (Januarti et al., 2020). Parental parenting styles can influence how a person faces early marriage. Parenting that supports, provides understanding, and provides a broader outlook on life can help individuals who marry at a young age to overcome some of the obstacles they may face. This can involve understanding the responsibilities of marriage, good communication, and the emotional and social support that the young couple needs. In situations of early marriage, parental support can also play an important role. The way parents support, guide, and give advice to children who marry at a young age can influence how they manage their marriage. Awareness of responsibility, opportunities to learn, and emotional support can help reduce some of the negative impacts associated with early marriage.

Foster Health

Toddlers are one group that is vulnerable to disease. Budi in (Anas: 2013) believes that the type of illness experienced, the frequency and duration of the illness greatly influence the health and nutritional status of toddlers. This is also related to the

interaction with existing facilities and infrastructure in the household and the surrounding environment. A child's health status can be obtained by paying attention to the state of nutrition, completeness of immunizations, personal hygiene of the child and the environment in which they are located and the efforts made by parents in seeking treatment if the child is sick (Zeitlin in Anas: 2013) Parents in dealing with children who are illness and programmed health monitoring are patterns of health care that greatly influence the nutritional status of toddlers, for example, if toddlers receive immunizations, they experience a lower risk of disease. Natural illness will affect a toddler's appetite, resulting in low nutritional intake.

Foster Eating

Eating care is a person's method or way of choosing food and eating it as a response to physiological, social and cultural psychological influences (Waryana in Anas: 2013). The need for good food must be prepared by parents before birth, during the new birth period by providing good breast milk, preparing additional food in the form of more varied solid foods, as well as emotional support for the child.

Nurture Yourself

Self-care includes the mother's behavior in maintaining the cleanliness of the house and the surrounding environment, maintaining food cleanliness and environmental sanitation (Anwar in Anas: 2013). Doing this must be done gradually and continuously. Children must be trained in the following characteristics, namely bathing twice a day, washing their hands before and after eating, eating regularly, brushing their teeth in the morning and evening, and urinating or defecting appropriately.

Based on this explanation, there is a link between the parenting style provided by parents and the child's physical and psychological development. If there are needs or obligations that parents have not fulfilled as above, it will impact how the child grows and develops in the future (Lubis & Nurwati, 2020) Self-care is a concept that recognizes that in order to care for others or live a meaningful life, it is important for a person to care for and prioritize their own personal well-being and happiness. It's not just about taking care of the body, but also about paying attention to the mental, emotional, social, and spiritual aspects of one's life.

The Relationship between Parenting Styles and the Event of Marriage

According to (Heryanto et al., 2020) parental care has a significant relationship with the incidence of early marriage. This happens because parents have low education and lack of insight, so they still apply information from old culture and do not easily accept new things. This incident did not think about the fate of his education. The culture of most Indonesian people still views it as normal for marriages to be carried out as children or teenagers because this is difficult to eradicate in that society. The reason given by respondents for wanting to marry at an early age was due to fear of their parents. This can be seen from the results of interviews regarding when the family

expresses an opinion, if the respondent does not agree with the parent's opinion, they tell the respondent to follow their opinion.

According to (Santoso, 2022) the number of cases of sexual abuse of minors continues to increase. Sexual harassment against minors can be in verbal or non-verbal form. Children who experience this act of abuse will experience the impact of feeling humiliated by other people. Sexual harassment is harassing behavior or actions carried out by a person or group against other people who are in direct contact with the party they are bothering and from these actions can affect the dignity and self-respect of the person they are bothering. So it is necessary to improve children's development, because apart from being sensitive, children also need more love and attention during their growth period from parents and family so that from this love and attention, children's basic needs and rights are optimally fulfilled. Children should be able to grow and develop into intelligent, moral and physically and spiritually healthy human beings. because after all, children are the future leaders of the nation.

According to (et al., 2020), the younger the age at marriage, the lower the level of education achieved by the child. Child marriage often results in children no longer going to school, because now they have new responsibilities, namely as wife and future mother, or head of the family and future father, who is expected to play more of a role in taking care of the household or being the backbone of the family and having to earn a living. Another pattern is that because education costs are unaffordable, children stop going to school and are then married off to transfer the burden of parental responsibility for supporting the child to their partner. Low parental education can be an opportunity for parents to marry off their children at a young age. (Theodoridis & Kraemer, 2018) Low education combined with insufficient knowledge about marrying off children at a young age and the risks posed by marrying at a young age, especially in pregnancy and childbirth, are the causes of marrying at a young age. Higher education can reduce the incidence of marriage at a young age. Those with higher education are likely to have good knowledge about health, especially regarding the rules or ideal age for marriage. Getting married at an ideal age of more than 20 years can reduce psychological risks, pregnancy and childbirth (Lubis **STIKes** Padangsidimpuan, 2020). It is important to remember that a person also has the ability to learn from parenting and other experiences. Even though parental parenting influences, it does not completely determine how someone will treat their partner in marriage. Awareness, personal growth, and the ability to correct unhealthy patterns can help a person build a strong and healthy marital relationship.

It was said by (Saffan, 2019) Children are a trust from God entrusted to their parents. Therefore, parents are obliged to educate their children, to know God by avoiding all prohibitions and recommending or carrying out all His commandments. Allah SWT reminds believers that simply believing is not enough, so good parenting is needed in educating children. This research is based on the problem of a phenomenon that occurs in the family and community environment which we have often heard that parents think that there is no need for a child to continue their education at the tertiary

level, they only spend money, after finishing college they will become unemployed too, the same is true of the perception. society in their daily interactions. From this problem we can detail several factors that influence it, namely the lack of enthusiasm of parents in providing increased education to their children, the lack of supporting economic factors, the lack of parents providing motivation or encouragement to children in teaching them a sense of self-confidence and a sense of responsibility for their decisions. This type of research is in the form of a library which is descriptive qualitative in nature, with data collection techniques the author looks for source data from books, newspapers and magazines to be used as reference material in this writing about the influence of parenting patterns on children's success. The results of the research show that there is an influence of parental parenting on children's success.

(Fatimah et al., 2021) The increasing knowledge of young women about reproductive health and the dangers of early marriage on the reproductive health of young women will form good actions in maturing at marriage age (Rahman, 2015). According to research by Pohan (2017), young women who have good knowledge tend not to marry at an early age, because they gain knowledge about early marriage from the environment around them, namely to see the lives of young couples who marry at a young age. Most of the young couple's lives experienced economic difficulties..

CONCLUSION

An article about the impact of parental parenting on early marriage will be an interesting and relevant topic. In writing this article, there are several conclusions and suggestions that can be considered: The Importance of Parenting Style: Parental parenting style has a significant impact on children's marriage decisions. Influence of Parenting Style: Research shows that authoritarian, authoritative, or permissive parenting can influence a child's view of marriage. Communication and Values: Parents who are able to build open communication and encourage an understanding of healthy values about marriage can help their children make wiser decisions. Family Education: Family education campaigns can help parents understand the importance of parenting styles that support child development, especially in the context of marriage. Parental Guidance: Guidance programs for parents on how to build healthy relationships with their children in the context of marriage can help reduce early marriage. Importance of Communication: Encouraging open communication between parents and children about important aspects of relationships and marriage will be helpful. In writing articles, be sure to provide concrete examples, evidence from relevant research, and real-life experiences to support each point. Finally, convey the message that a healthy and supportive parenting style will play an important role in helping children make appropriate and healthy decisions about marriage in the future.

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